



# Chatham CERT

Preparedness Kits

March 27, 2019

## Are you ready?

*Checklist from the  
'Ready Responder tool  
kit'*

- Do you have an emergency plan (home, work?)
- Do you know how to find the emergency broadcast channel on the radio?
- Have you prepared an Emergency Supplies Kit for your home?
- Have you prepared an emergency supplies kit for your car?
- Have you made a specific plan on how you would communicate with your family in an emergency if you were separated?
- Have you established a specific meeting place to reunite in the event you and your family cannot return home and are evacuated?
- In the last year, have you practiced on what to do in an emergency at home?
- Have you taken first aid training, such as CPR?
- Do you belong to a CERT?

## What is a Walkout Bag?

- Also called a get home bag, bug-out bag, car bag, 72-hour bag
- Essential equipment to get you home or to a shelter
- FEMA-recommended disaster supply kit
  - Water
  - Food
  - Battery or hand-crank radio
  - Flashlight and batteries
  - First Aid kit
  - Basic Gear (local maps, cell phone charger, rain gear; light; spare glasses, notebook & pen, cash, prescriptions, diapers, ... and the list goes on)

*Don't pack everything – base on your needs and your environment*

Several  
versions on  
display

- Small size – just the essentials
- Medium size – easily stashed in the trunk
- Large size – road trips in the winter
  - Gear adds up quickly in size and weight
  - Can you carry your gear? Or plan to dump what you don't need?

# Full-size Emergency Bag (weight: ~ 25 lbs)

	<p><b>OUTSIDE</b> Garmin + 2 AA Compass Knife, Leatherman, Monocular</p>	
	<p><b>INSIDE</b> Pen &amp; Paper Reflective Belt; 2 cable ties</p>	
	<p><b>INSIDE</b> Black Goretex suit Trash bags Space blanket Trowel + TP Poncho Spare Eyeglasses</p>	
Rope & carabiner	<p>Flashlight 4@AA + Whistle on lanyard Headlamp 3@AAA</p>	
	<p>Candle, matches, Firestarter, minisaw</p>	
	<p>Body wash, towel, toothbrush, paste, floss</p>	
	<p>Spork, wet ones, P38</p>	
First Aid Kit	<p>Sunblock, DEET, Hand Sanitizer</p>	Water Purifier
	<p>Change of Clothes</p>	
	<p>4 1300-kCal MRE</p>	

<p><b>IN TRUNK</b> First Aid Kit, Flares, Candles; Salt (traction) Jumper Cables Paperback book Flares Fire extinguisher Sm Survival kit; emergency tent; insect repellent; poncho; Deicer Tools</p>
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# Small-size Emergency Bag

