

## Supplies to include in your Basic Home Emergency Kit

- Water - 1 gallon per person per day for drinking and sanitation
- Food - at least a 3-day supply of non-perishable food per person
- Hand-cranked or battery-powered radio and extra batteries
- Flashlight and extra batteries
- First Aid Kit
- First Aid Book
- Fire extinguisher
- Whistle to signal for help
- Filter mask or cotton t-shirt, to help filter breathing air
- Moist towelettes for sanitation
- Wrench or pliers to turn off utilities
- Manual can opener for food
- Plastic sheeting and duct tape to shelter-in-place
- Garbage bags and plastic ties for personal sanitation. Feminine supplies. Cleaning supplies and paper towels.
- Paper cups, plates, and plastic utensils.
- Any unique family needs, such as daily prescription medications, infant formula or diapers.
- Pet food and extra water for your pets.
- Copies of your pet immunizations.
- Complete change of clothing including long-sleeved shirt, long pants, and sturdy shoes.

## Other important action before emergencies

- Have extra cash on hand (ATMs may not work in an emergency)
- Keep vehicle gas tanks at least half-full
- Have a method to cook, like a propane stove or charcoal grill (never cook inside!)

- Keep extra blankets or sleeping bags for each family member
- Take pictures of your home and contents for insurance claims. Store them and insurance papers in a safe place.
- Books, games, and puzzles for the children; paperback books for yourself.

## Get Ready for Winter in North Carolina

- Get your flu shots

### *Check your home*

- Check insulation
- Check weatherstripping
- Clear gutters and drainage systems
- Clean the fireplace chimney
- Put on storm doors
- Service, fuel and start generators
- Prepare alternate sources of light and heat
- Replace smoke detector batteries
- Install Carbon Monoxide detectors
- Get a supply of ice melt
- Locate your snow shovels

### *Check your vehicles*

- Refill windshield washer fluids
- Check antifreeze levels
- Check tire pressures (include spare)
- Blankets, first aid kit, emergency kit, flashlight
- Local maps

### *Review emergency plans*

- School closing procedures
- Road closure alerts
- Winter storm warning notifications



email: [ChathamCERT@outlook.com](mailto:ChathamCERT@outlook.com)

# Be Prepared for Emergencies

## Information to Get Ready

**Chatham County Emergency Management**  
297 West St  
Pittsboro, North Carolina 27312

Non-Emergency 919-542-2811

Emergency 919-542-2911

[chathamnc.org/ready](http://chathamnc.org/ready)

**Get a Kit of Emergency Supplies**

Be prepared to improvise and use what you have on hand to be on your own for at least three days or maybe longer. You may not have access to any medical facilities or even a drugstore. Your primary concerns are fresh water, food, and clean air, along with any medicines you need for at least a week. Keep a spare set of eyeglasses available. Include emergency documents: family records, wills, powers of attorney documents, insurance records, bank information and tax records in a waterproof container. Have some cash or travelers checks on hand.

**Make a Plan**

In a disaster you will not have access to everyday conveniences. To plan in advance, think though the details of your everyday life. For every aspect, plan an alternate approach. Write it down and keep a copy in your emergency kit. Have a list of emergency contacts in your wallet.

Develop a family common actions plan. Your family might not be together when disaster strikes, so plan how to contact one another and review what you will do. Consider a plan where each family member calls, texts, or emails the same friend or relative in the event of an emergency.

Don't forget about your pets. They will need food and water, and make sure vaccinations are up-to-date. Your pets should have a collar with their rabies tag and identification, and you need a backup in your emergency kit. If you must evacuate, take your pets with you. All

Chatham County shelters will make arrangements for pets if you evacuate to a shelter. If possible take their crate and vaccination records with you to the shelter.

**Stay informed**

There are different emergency situations that could impact Chatham County, from long-term power outages to communication interruptions to multiple road closures to pandemic disease. Different emergencies require different responses.

Sign up for emergency alerts at [chathamnc.org/codered](http://chathamnc.org/codered).

Get a NOAA all-hazards weather radio.

Know which radio stations you can receive on your portable radio.

**Get involved**

Take a CPR class from the Red Cross.

Learn about Amateur (ham) radio and get your first license.

**Join the Chatham Count Community Emergency Response Team**

([ChathamCERT@outlook.com](mailto:ChathamCERT@outlook.com)) for much more information on personal preparedness and how you help your family and community in an emergency.

The likelihood that you and your family will recover from an emergency tomorrow depends on the planning and preparation you do today.

**Important emergency contacts**

**Emergency: 9-1-1**

Non-Emergency: 919-542-2811  
Poison Control: 1-800-222-1222

Electric Company: \_\_\_\_\_  
(For power outages)  
account number \_\_\_\_\_

Propane Company: \_\_\_\_\_  
(For tank refills)

Physician: \_\_\_\_\_

Dentist: \_\_\_\_\_

Pharmacy: \_\_\_\_\_

School: \_\_\_\_\_

Work: \_\_\_\_\_

Childcare: \_\_\_\_\_

Insurance: \_\_\_\_\_

Our family emergency point of contact:  
\_\_\_\_\_

Our family emergency meeting point:  
\_\_\_\_\_